ABSTRACT OF THE DISCLOSURE

An optical-fiber-drawing method, employed during the manufacturing of an optical fiber from an optical-fiber perform, includes: a step of heating an end of the optical fiber preform to thereby melt and draw the end of the optical-fiber preform; a first spin-forming step, in which a predetermined spin is given to the optical-fiber preform in a predetermined direction that is perpendicular to a direction in which the optical-fiber preform is drawn; and, a second spin-forming step, in which the optical-fiber preform is further twisted according to a predetermined spin function.